

NOTICE



DATE: August 23, 2020

TO: SOMHA Players, Parents and Coaches

FROM: SOMHA Executive

SUBJECT: **SOMHA Safety Plan – 2020 COVID-19 Policies and Procedures**

- We have established that the maximum number of people on the ice is **17 which includes, players and or coaches**. 50 people maximum in the facility. This does not leave much space for spectators /parents. These numbers will be monitored by an association appointed ambassador and enforced. **Maximum one parent in the arena – no siblings permitted**. There will be someone at the door to monitor who is entering the facility. We are required to keep our physical distance even outside the facility while parents wait or groups participating in warmups/dryland training. The green tape in the facilities are the indicated areas safe to sit at.
- We are asking all players/parents/spectators/coaches to make sure they are **sanitizing their hands prior to entry of the rink**. Take extra care to washing of equipment, water bottles and reminding players to keep their hands away from mouth, face and eyes always. There are sanitizer stations on many walls inside the facility, but we also recommended kids carry a personal size with them.
- Absolutely **NO sharing** of equipment or water bottles permitted.
- As there will be other groups departing the arena as others are arriving, we are asking you to **arrive at the rink no sooner than 15 minutes prior** to your designated ice slot. Players **must** come dressed in their gear. Once they enter the rink there will be designated seats for players to put their skates, helmets and gloves on. No dressing rooms will be available.
- Parents/Guardians or players are responsible for tying players skates as we need to reduce contact; therefore, coaches/ volunteers **will not be able to assist** with this.
- Players are encouraged to use the washroom prior to coming to the arena. Facility washrooms will only be available for emergencies.
- Our policy ensures that players/participants/coaches/parents showing symptoms of COVID - 19 are prohibited from attending any association activity.
- Anyone who has had **symptoms of COVID-19 in the past 10 days must stay home**. Symptoms may include but not limited to fever, chills, new or worsening cough, shortness of breath, sore throat, muscles aches or headaches. If unsure, please stay home and contact your local health authority.
- If you have been sick, you may not return to association functions until receiving a physician's approval, a COVID-19 swab and a negative result or have been in isolation for 10 days symptom free.

- Anyone who has arrived from outside of Canada is required to self-isolate for 14 days.
- Anyone who has been in close contact with a confirmed COVID-19 case must monitor for symptoms and should also self-isolate for 14 days.
- If your child or anyone in your immediate family/circle become ill, you must report the information to your door ambassador. If the illness occurs after the ice session, please email the association Risk Manager so that we can inform the health authority and they may determine the need for contact tracing.
- If your child displays unexpected symptoms of sickness while on ice, the following steps will take place.
 - Mask and gloves will be immediately provided for player and coach who is assisting child off ice.
 - Arena staff will be notified for cleaning procedure.
 - Player will exit facility in equipment and equipment bag and belongings will be removed safely to you in the parking lot.
 - Player will need to be symptom free for 10 days, have a physician's approval or a COVID-19 negative result and be symptom free before returning to play.
- We ask that you become familiar with arenas' procedure and understand each facility may differ. Please be aware and look for the signage and proceed with all cautionary instructions.
- Breaching of these policies can result in immediate termination from SOMHA sanctioned events including practices, games and team events.

Now you are aware, have read and understood these rules and policies surrounding the COVID-19 return to play.

You are also aware that these policies may change, adapt or vary from arena to arena or stage/outbreak of this current pandemic.